

# Squiggly Careers PodSheets



## How to build your Personal Board

### What is a Personal Board?

“ The chief distinction between finding ‘a mentor’ and creating ‘a mentor board of directors’ is that there is less pressure to find one person who represents your ideal future self. You can diversify your search criteria and learn from a variety of people.

”

Dorie Clark  
(Author: *Your Career Needs Many Mentors, Not Just One*)

### How could your career benefit from building your board?

### The principles of a good Personal Board

#### DIFFERENCE

People with a range of experiences, styles and perspectives

#### DISTANCE

A mixture of close and weak ties

#### DONATING GENEROUSLY

Relationships built how what you can give, not just what you want to get.

### What role are you missing?

Inspirer

Empathiser

Connector

Questioner

Challenger

Ideator

Supporter

### Ideas for Action

1 Be specific about your gaps

2 Spot people who can support you

3 Be brave enough to ask for help

### Coach Yourself Questions

1 What is the role you need most right now?

2 What role do you play for other people in their personal board?

### Recommended resources



[my.personalboard.com](https://my.personalboard.com)

A free tool to help you manage your personal board over time



[Building Your Advisory Board](#)

Lewis Howes shares his advice for building your 'dream team' (YouTube)



[Building Brilliant Relationships](#)

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Amazing if