

Squiggly Careers PodSheets

How to redefine success in a squiggly career



“ In squiggly careers, there's no one size fits all version of success. Success is as individual as you are. ”

Helen Tupper & Sarah Ellis
Ted Talk

“ Success is liking yourself, liking what you do, and liking how you do it. ”

Maya Angelou

What did success mean at the start of your career?

What does success mean to you now?

Success; Ladders vs. Squiggles

- Success in a squiggly career is more nuanced and personal.
- Success can change over time. It can look and feel very different at different points of your career.
- You can develop in different directions. Understanding your squiggly career success statement can help to overcome career comparison.

Own your successes

Move your thinking

from... "I'll be successful when.."

to... "I've succeeded today by..."

We miss the successes we achieve in the moment when we fix our success to the future.

3 Ideas for Action



Reframe how you think about success

Move from black and white thinking to exploring the shades of grey in your career.



Create a squiggly career success vision board

Use this as a starting point.



Increase your 'circumference' of success

We find more meaning if we think about success collectively. Who can you help?

Success Self-Reflection

Are you currently living out your values?

Does your life feel purposeful right now?

Does time at work feel like time well spent?

Do you feel like you're making a positive difference?

What could you do differently to succeed in your squiggly career?

Recommended resources



[The Long Win: The search for a better way to succeed](#)

Cath Bishop on adopting a new broader approach to winning.



[Ted Talk: Squiggly careers and the end of the traditional path](#)

Watch our TedTalk encouraging you to radically rethink your career.



[Discover your values](#)

Squiggly Careers Episode 42

Amazing if