

Squiggly Careers PodSheets

Curious questions for end of year reflections



Describe your year in a word:



? What's the memory that will last the longest from the last year?

? What has surprised you about the last year?

? What have you found the hardest from the last year?

? What's a mistake you've made this year and what have you learnt from it?

? What have you experimented with for the first time this year?

? How have you grown over the past year?

? What are you most looking forward to next year?


Sarah's Recommended resources

 [Manifesto](#) by Bernadine Evaristo

 [The anti-CEO playbook](#) Ted Talk by Hamdi Ulukaya

 [Life lessons with Simon Mundle](#): Lewis Moody

Helen's Recommended resources

 [Emotional Agility](#) by Susan David

 [The secret to living longer may be your social life](#) Ted Talk by Susan Pinker

 [How to fail with Elizabeth Day](#): Meg Mason

Amazing if