

Meaning, Motivation and Money at work



This episode discusses networks, the things that *drain* and *drive* you, and how your mindset influences your approach to financial management.

Go to Experts



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Recommended Listen



Squiggly Careers #370
Meaning, motivation and Money (live)

Ideas for Action



Value your values

What's most important to you about:

- The people you work with?
- The work that you do?
- The organisations you work for?
- The environment you work in?



Reflect on your successes

Build confidence by knowing what you're good at. Recognise and record your own successes in order to run your own race. *What does success mean to you?*



Vision board your career whys

Everyone's career 'why' is unique. Visualising your ideas for the future onto a *vision board* makes your why more tangible and motivates you to draw inspiration from it every day.