

How to bring your best to your team

Your success is closely tied to your team's. When you bring your best efforts to a team, you help the team become a magnet for more.

This attracts new opportunities and projects for the team and creates more growth and development for you.

By bringing your best, you not only pull possibilities towards you but motivate others to do their best as well.

5 ways you can bring your best



1. Work out what you bring

Work out your unique strengths and use these to increase the value of what you can bring to the team.

Ask yourself:

- 🔗 How often am I using my strengths?
- 🔗 Who can I talk to in my team about using my strengths more?

2. Sort out a sticking point

If there's a persistent problem or issue that everyone's thinking about, it's an opportunity for you to take ownership.

Many people avoid these sticking points, so getting involved and bringing your best can create a big impact.

Partnering with someone else on a sticking point can help manage the workload and increase support from the rest of the team.

Coach yourself questions

How can I add value and connect with my team despite challenges?



What strengths can I share with my team to increase my impact?



3. Be strategic about support

Be strategic about the type of support you give.

Reflect on:

- 🔗 who you support
- 🔗 how you support them

This could be a manager, individual team members, or the team as a whole. Understanding their projects, priorities, and challenges can help you add the most value.

4. Share your strengths

Your team members don't automatically know what you've got to give.

By confidently talking about what you do well and offering your strengths in support of other people's work, you'll identify more ways in which you can contribute.

Ask yourself:

- 🔗 Who needs what I want to be known for?

5. 1+1 = 3

When you learn about other people's strengths you can come together to creatively start projects and solve problems.

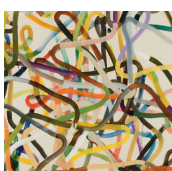
Rather than using our strengths in a siloed way, collaborating is more likely to lead to unique outcomes.

When everyone has the opportunity to use their strengths in a team, the outcome for everyone is higher performance.

Recommended resources



How to motivate your best self
TED talk playlist to help you reflect and bring your best



The Secrets of Great Teamwork
HBR article by by [Martine Haas](#) and [Mark Mortensen](#)



Sarah speaks to Liz Wiseman about the concept of High Impact players in teams on episode #341 of Squiggly Careers.