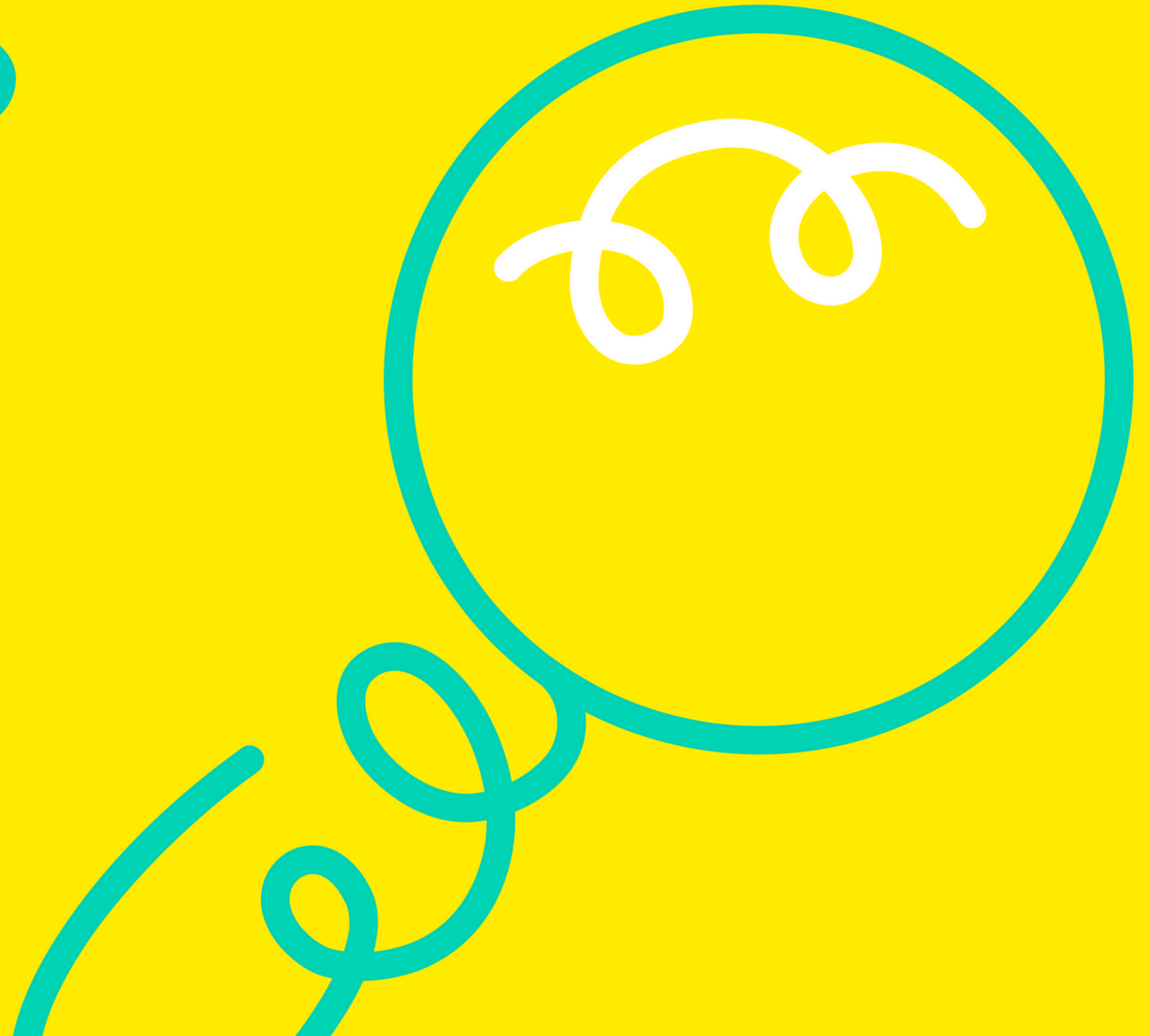


Ten Minute Tool

# More about me



Our ability to  
understand each other  
helps to **build stronger  
relationships** at work.

**The strength of our relationships at work has a big impact on how positive we feel about our job and how impactful we are in our roles.**

Without this understanding we can lose a sense of connection and work can feel transactional.

Sharing more about each other helps the bonds of belonging to be built. This exercise is a helpful starting place for teams to share more about themselves.

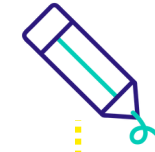
**5 words that describe me:**



I work best when...



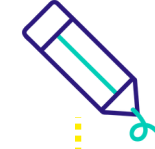
Skills I bring to the team are...



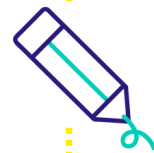
Come to me if you need help with...



One thing I'd love some help with...



One piece of career advice I've found helpful...



## Learn more: More about me



### Watch

#### **TED Talk:**

Bring your whole  
self to work,  
*Mike Robins*



### Read

#### **Book:**

The Startup of You: Adapt,  
Take Risks, Grow Your Network,  
and Transform Your Career,  
*Reid Hoffman & Ben Casnocha*



### Listen

#### **Podcast:**

Squiggly Careers,  
Episode #42: Discover Your  
Values

**We hope you've found this Ten Minute Tool useful.**

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