

Themes for Squiggly Careers in 2026 - part one

Work in 2026 will offer new possibilities across roles and industries. By exploring emerging themes, you can better understand what they mean for you and how to respond.

It's about creating rather than waiting - building skills, curiosity and confidence to help you feel more ready for what's ahead in your Squiggly Career.

Ideas for action

Increased use of AI agents

Let AI work in parallel with you so you can focus on what matters most.

Set aside an hour to create a simple learning agent that finds resources on a topic you want to learn and builds a weekly learning agenda.

YouTube tutorials can help you get started.

Connection and disconnection

More people are feeling lonely at work, so we need new ways to connect together.

Try one agenda-less curious conversation this week, where the only aim is to learn more about someone rather than get a task done.

What are they working on? How are they feeling?

Employee influencers

Employees are being increasingly recognised for sharing what they do and their experience of where they work.

Try a four-week experiment to build your profile - share one social post a week in a way that suits you (it could be about a product, culture, or something you're learning).

Coach yourself

What do I want to be true about my career by the end of the year?

