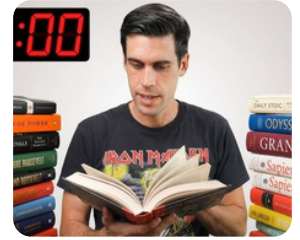


How to read with a learning mindset

Reading can be a great source of learning, but it's easy for ideas to stay on the page.

Borrowing brilliance from Ryan Holiday, reading intentionally is about being more deliberate in how you engage with what you read so that ideas are easier to remember and apply.



Deeper Dive

Five ways to read more intentionally

Build an anti-library

Choosing books you wouldn't normally pick can expand your thinking & introduce new perspectives.

Try reading something where your first instinct is to dismiss it as "not for me".

Use a pen or Post-its

Marking pages with Post-it notes and annotations turns reading into a more active and creative process.

Try noting "what does this mean for me?" or capturing questions and ideas as you go.

Re-read books

Re-reading can help you notice ideas you didn't see before as your perspective changes over time.

Try revisiting a book you've read before and notice if anything new stands out now.

Make books your own

Treating books as something to use (not keep perfect), can help you connect more with what you're reading.

Try writing in the margins, folding pages or letting your books show signs of use.

Share your reading

Sharing what you read can help ideas stick, spark new ones and support other people's learning too.

Try creating a short reading list. Share it with your team and ask what they would add.

Coach yourself

What one new way to read more intentionally I could try this week?

